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# Professional Parent Education Conference

# Educate, Equip, and Inspire

## Birth and Beyond Parenting

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**Tuesday, May 14, 10 a.m. to 3 p.m.**

CHKD Brickhouse Auditorium (2<sup>nd</sup> floor)  
601 Children's Lane, Norfolk, VA 23507

A conference for professionals providing parent education and working with families and youth in homes, schools, healthcare, and community organizations. Sessions throughout the event will cover a variety of topics integral to best practice in parent education and the promotion of well-being in children, youth and families. Hosted by Hampton Roads Parenting Education Network, CHKD and Hampton Healthy Families.

### Featured Presentation

A Return to You - Modern Motherhood, Social Media, and Postpartum Support  
Presenter: Dr. Natasha Sriraman, MD, MPH, FAAP, FABM

Sessions throughout the day include: FACT (Autism) resources; Health and Safety, Mindfulness and Movement, and Healthy Habits.

Conference Highlights include a book – signing and plenty of opportunities for networking.

\$25 Registration Fee (non-refundable) includes parking, boxed lunch/water, and raffle ticket.

**Registration will open April 1<sup>st</sup>**



For more information and to register  
click here or scan the QR code.

